

Northfield Township Community Center
Monthly Report
October 2017
Tami Averill, Director

I. October Overview

The Senior Nutrition program continues to run smoothly. We had 9 to 20 seniors attending on a daily basis in October. Lunches are served on Mondays, Wednesdays and Fridays at 12:15p.m.

THANK YOU to our Senior Lunch Volunteers – Ann Brindle, Louisa DeFilippi, Linda Hartley, Ernestine Hogston, Alyssa Jones, Betty Jones, Kristina Kelley, Debbie Leibert, Christine Miles, Karen Neigebauer, Donn Sleek, Chuck Steuer, Ann Thompson, Curtis Ward and Nancy Warner. They do a great job!

I continue to work with the Washtenaw County Office of Community and Economic Development on getting the Meals on Wheels portion of the program started. In addition to our issue finding drivers, we to work on the issue of getting the individually packaged meals that will be needed. Progress is being made.

A huge THANK YOU to our volunteers – Angela Brown, George Brown, Denise Creque, Mary Devlin, Peggy Friscia, Ruth Hague, Linda Hartley, Cindy Hogston, Ernestine Hogston, Betty Jones, Alyssa Jones, Kristina Kelley, Phyllis Lindblade, Tara Pietilla, Donn Sleek, Ann Thompson, Curtis Ward, Nancy Warner, Terry Webb - for the work they contributed in October. Their hard work is truly appreciated.

Program planning continues. The volunteers and I are hard at work with the preparations our traditional holiday events and activities – Harvest Potluck Dinner, the Mitten Tree, Sr. Holiday Gala, Homely Holiday Sweater Soiree, and Dinner with Santa. I am also working on several new program offerings for the New Year.

I continue to attend and keep minutes for the Parks & Recreation Board meetings.

I continue to serve on Whitmore Lake Health Equity Team. Meetings take place at the Community Center.

I served on the Trunk or Treat Planning Committee and the Center provided crafts and outdoor games during the event.

I continue to stay busy each day assisting patrons with a variety of issues, questions and concerns.

II. Program Evaluation

a. On-Going Services

Lisa Abrams continues to offer reflexology sessions and therapeutic foot baths.

Dr. Anthony Mastrogiacomo from South Lyon Foot & Ankle Specialists continues to offer senior foot care every other month. He saw 6 patients on his Oct. 26 visit.

The Medical Loan Closet continues to be available to the community. Six items were loaned in October. We received donations of 3 walkers, a shower/commode bench, a shower seat, a bedside commode and several miscellaneous items.

Acupuncture therapy continues to be popular, with 11 to 16 people participating each week in October. Licensed Acupuncturist, Ron Hough, is at the Center from 4:00p.m. to 6:00p.m. for walk-in visits on Thursday afternoons.

b. Classes

Chair Yoga (6-10 participants/week) continued on Tuesdays.

Gentle Yoga on Wednesday evenings has 6 to 8 participants each week in October.

Exercise with Becky (Tues. & Thurs.) has 8 to 12 participants each day.

Tai Chi resumed is finishing their fall session. Five people are participating. A new class will resume in January.

MAH Fitness continued its fall session during October. There are 5 participants.

The Primitive Rug Hooking class continues with 2 students.

Meditation class has four people participating each week.

Line Dancing class continues to be popular! We have had 11 to 13 participants each week in October. Participants have learned a variety of dances, with 1 to 2 new dances added at each session.

c. On-Going Activities

Pinochle continues every Tuesday and Thursday afternoon. Attendance is consistent at 6 to 12 players per day each week.

Mah Jongg Mondays continue with 4 to 6 people participating each week.

The Knit, Crochet, Craft group meets every Friday from 11:30a.m. to 1:30p.m. 3 to 6 people attended each week in October.

The Whitmore Lake Portrait Group is in every Monday afternoon. Ten to twelve artists attend each week. The art gallery that showcases their art continues to be popular with our guests.

Kiwanis continues to hold their regular meetings and Board meetings at the Community Center. I served as a judge for their Halloween Pumpkin Decorating Contest at WL Elementary on October 18. Great fun!

d. Special Events

Downton Abbey Revisited was postponed during the month of October due to some scheduling issues. It will resume in November.

Twenty people are registered participants in our ongoing project to crochet sleeping mats out of plastic grocery bags. Five to eight ladies have participated each week in October. These mats will be donated to local shelters for distribution to the homeless in Washtenaw County. Participants do not need to know how to crochet. Help is needed to sort and flatten out the bags, cut them into strips, tie the strips together and roll them into balls

Our first annual Autumn Harvest Craft Show was held on October 21. Approximately 50 people shopped the 8 booths of crafters. Hand knit items, cards, candles, baskets, soap, and more were available. Thank you to all the volunteers who helped to put this together. Everyone, both shoppers and crafters, were happy, so I consider it a success.

Guitarist, Brian Delaney performed our second free concert for the fall! Five free concerts are being provided courtesy of the American Federation of Musicians and Ann Arbor Local 625. Betsy Beckerman will join us again on November 1. The State Troubadour, Neil Woodward, will perform at our Harvest Potluck Dinner on November 13 and again on December 3.

Twelve people enjoyed Karaoke in October! We have some great singers at the Community Center!

Ten people attended "Who Should You Trust?" an estate planning seminar provided by the State Bar of Michigan on October 11.

Artist, Jan Rad, premiered an Acrylic Painting Class on October 12. Five people participated and created beautiful fall landscape paintings.

Ten people enjoyed "The Ghost & Mr. Chicken" and Casper the Friendly Ghost cartoons at Pizza & a Movie on October 13.

The Community Center hosted a Free Flu Shot Clinic on October 14. The U of M Medical Student-Run Free Clinic ran the clinic. Fourteen people stopped in to get their shots.

Justine Bykowski, from the Consumer Education Division of the Michigan Attorney General's Office, presented an informative program on Avoiding Identity Theft on October 18. Sixteen people attended.

Miss Chapman's 4th Grade Class from Livingston Christian School, joined us during Senior Lunch on October 11 and held a drawing for 10 special pumpkins they had created from slice of telephone poles. The winners of these beautiful pumpkin decorations were delighted! Thank You to the students and their teacher for their thoughtfulness.